

HASKAYNE Executive EDUCATION

Emotionally Intelligent Leader

Designed to integrate everyday workplace situations, the aim of this blended program is to develop your emotional intelligent (EI) strategies over a period of time. As you learn both foundational and advanced EI concepts and frameworks, you will intentionally focus on practicing tools within your work environment. Practically applying your new knowledge will build positive habits and skills to increase your effectiveness in leading yourself and your team.

During the online modules, you will identify and analyze real challenges and begin to build your development plan. The online sessions will provide the foundation for the in-class discussions in the latter portion of the program. This learning experience is facilitated by Fred Jacques PhD, a sought-after coach and EI practitioner with over 30 years of experience in both profit and not-for-profit sectors.



Learn and practice EI concepts, frameworks and tools to develop your emotional leadership practices.

Program Delivery: Blended

Commitment: 25 hours

Investment: \$2,700

This program is eligible for grant funding up to five weeks prior to program start.

*Program runs January - April 2020.
See last page for full program schedule.*

Learning Goals

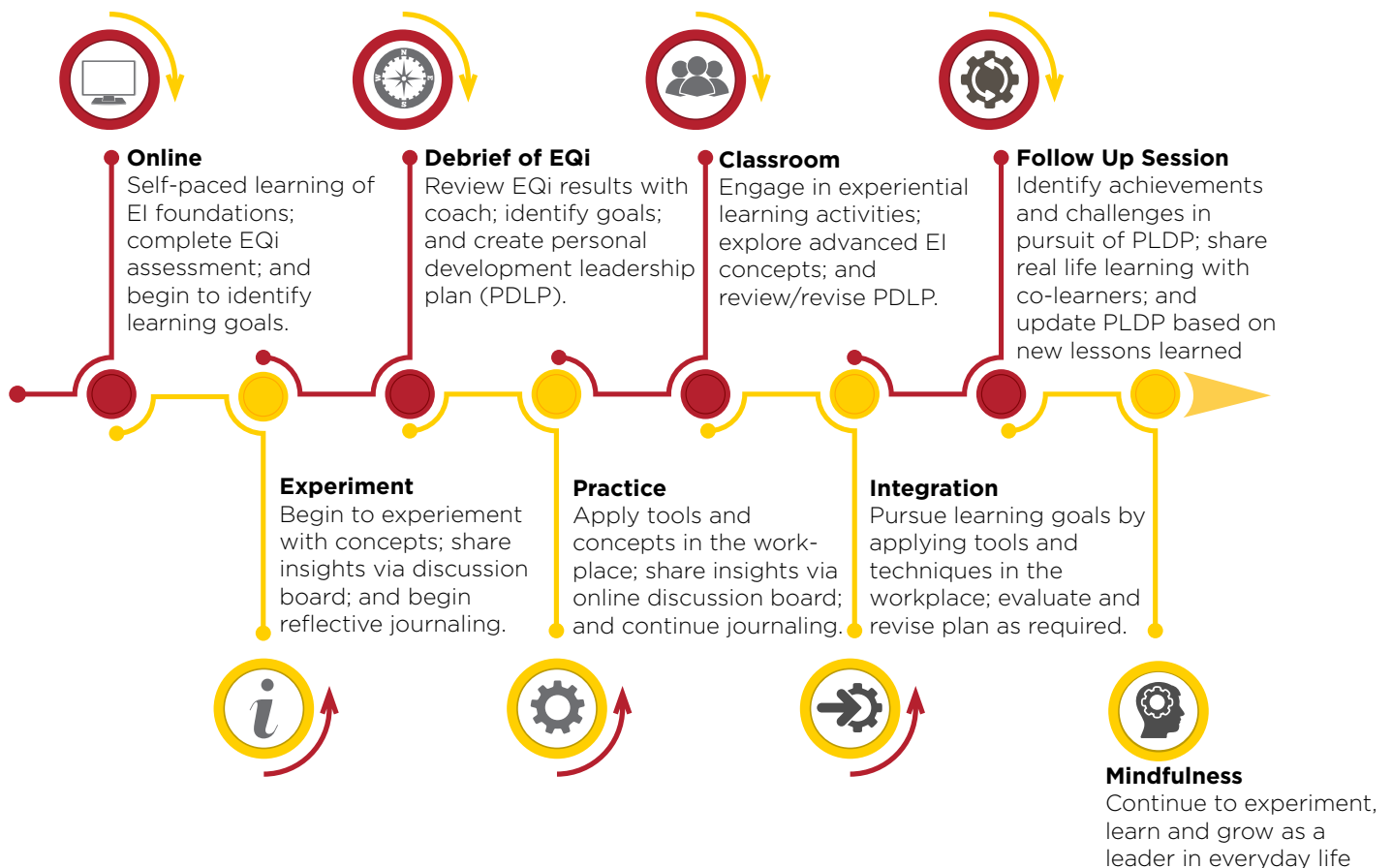
You will be able to answer the following learning questions upon completion of the program:

- What are the four components of EQ?
- What tools and exercises can I use to improve my EQ strategies and positively leverage my emotions?
- How do I use and manage the emotional sub-text of my workplace interactions?
- How do I identify emotions that influence my decisions and actions?
- How do I identify and avoid common decision-making pitfalls?
- How do I learn to adapt my emotions before and during conflict to achieve optimal outcomes?
- How do I analyze EQ challenges within my organization?
- How do I apply advanced EQ models and skills within my day-to-day interactions and influence organizational culture?
- What is my personal plan for EQ development and practices?

Learning Journey

Program launch

Introduction to online learning environment, co-learners and learning journey



Program Investment

Program investment is \$2,700 per participant. Your investment includes the following:

- Program launch and orientation
- Three online units, two classroom sessions, all materials and copyrights, virtual learning platform, emotional intelligence online diagnostic assessment, 30-minute debrief with professional coach and program follow-up webinar
- Breakfast, lunch and refreshments/snacks during classroom session days
- Certificate of completion from the Haskayne School of Business

Grant Funding

By registering for this program, your company could be eligible to receive grant funding that will cover up to 2/3 of your program costs. The funding model for the Emotionally Intelligent Leader is an initial investment of \$2,700. The government will reimburse approximately \$1,800 of that investment, making the final investment approximately \$900. An Executive Education team member will be able to assist with the grant application process. For more information: execed@haskayne.ucalgary.ca

“Fred Jacques, the program faculty, is a great facilitator and has amazing street credibility. He is not just here to teach EI - he has developed it. He is a thought leader.”

Glenn Brillinger

Vice President of Sales – Canada – Core-Mark International Inc.

“My new found attention to mindfulness makes me feel confident in my decision making because I am now aware of my emotions and their impact. I now have tools and a concrete plan on how to move forward as a more successful team leader.”

Ryan Ropcean

Safety and Lean Manager, Aquatera Utilities Inc.

“I will use the concepts and tools learned in this program for both professional and personal growth. The program encourages the sharing of personal experiences and stories which I have found to be a very valuable learning experience I can draw from to be a more mindful, compassionate leader and person who is capable of engaging and motivating others.”

Shabeena Habib

Human Services Vice President, Goodwill Industries of Alberta

“Good forum to discuss this important element of business that is often forgotten. Great tools for being mindful and empathetic. This program helped us to build stronger relationships at work, and I now see increased productivity and morale.”

Chirs Birch

General Manager, Canadian Tire Corporation

Emotionally Intelligent Leader

Program Schedule: January - April 2020*

DATES	LEARNING ACTIVITIES	FORMAT	COMMITMENT
Week of Jan 6	Access to virtual learning platform	Online	30 minutes
Jan 13	Welcome webinar	Online	45-60 minutes
Jan 14	Unit one: EI foundations and EQi online assessment	Online	2 hours
Jan 27	Unit two: EI foundations continued	Online	2 hours
Feb 10	Unit three: EI foundations continued	Online	2 hours
Feb 5-6	EQi assessment debrief (individual sessions)	Phone call	30 minutes
Feb 24	Advanced EI	Classroom	7 hours
Feb 25	Advanced EI continued	Classroom	7 hours
March	Integration and practice	Online	2 hours
April 20	Webinar: Practice reflections	Online	1.5 hours
	Post-program follow-up		Self-directed

* Schedule subject to change

*Participants are only required to debrief on one of two dates.

+ Blended learning components

Faculty:

Fred Jacques PhD, Adjunct Professor, Haskayne School of Business

Fred is a leadership educator and consultant with over 30 years of experience in both the public and the private sectors. He has designed and delivered leadership development programs that incorporate best practices in seminar-style instruction, experiential exercises, 360-degree feedback and individualized coaching.

Fred is a sought-after facilitator and coach and is known for his attention to client needs and his sense of humour. Fred has a Ph.D. in Organizational Behavior from the Haskayne School of Business and an M.A. in Applied Behavioural Sciences from the Leadership Institute of Seattle at City University. He is a Certified Human Resources Professional and is accredited in the use of the Myers Briggs Type Indicator (MBTI), the EQi-2.0 and numerous other assessment tools.

REGISTER NOW:
haskayneexeced.ca

Call 403.220.6600 for group registrations.

For more information on Executive Education
at Haskayne School of Business

T: 403.220.6600

E: execed@haskayne.ucalgary.ca

Haskayne Executive Education

University of Calgary
Downtown Campus
6th Floor, 906 – 8th Avenue SW
Calgary, AB T2P 1H9



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