

## **Building Effective Teams**

Increase your confidence and effectiveness as a team-builder to drive your people beyond any challenge towards success.

Successfully navigating modern business challenges requires individuals to work together to achieve extraordinary solutions that simply cannot be accomplished by working alone. In the current state of increasing market competition and complexity, skill in creating and leading effective teams is more essential than ever before.

Effective teamwork creates extraordinary power which is necessary to overcome modern business challenges and also creates a more fun and meaningful work environment for your people. In this cutting edge program, you will: gain an understanding of the difference between working groups and teams; learn to cultivate the 'super power' of human psychological attachment; discover ways to guide teams through every stage of team development; understand how to work effectively with power and influence; and learn to apply simple tools for troubleshooting in five areas that prevent teams from achieving results.

The learning in this blended program also provides the opportunity to take new knowledge into your current workplace through practical application and integration activities. You will also receive individual coaching as you begin to apply your new knowledge to your current (or future) teams.

### Unique program features

Unlike any other team building program on the market, this program is designed for maximum impact by incorporating:

- One-on-one coaching from a certified MEd Psychologist to develop a pragmatic plan to implement the relevant concepts, tools and frameworks introduced in the program
- A blended learning journey (both online and in the classroom), deliberately designed and spaced over time to allow for absorption of key concepts and implementation of learning back into your team(s)

Program Delivery: Blended Commitment: 24-26 hours

Program runs January to March 2020. See last page for full program schedule.

Register Online: haskayneexeced.ca

Investment: \$2,675

This program is eligible for grant funding up to five weeks prior to program start. Register now to start the grant application process.

#### **Learning Outcomes**

Upon completing this program, you will be able to:

- · Identify what a team is and when teamwork is the best strategic choice
- Explain the psychology of effective teams and how effective teams make the extraordinary possible
- Build and guide teams through the essential stages of team development
- Identify the effect of social status, power and influence within teams and learn how to effectively navigate these dynamics
- Successfully troubleshoot the areas where team effectiveness can break down
- Implement strategies to keep teams energized, accountable, productive and focused on results

### Who Will Benefit

This program is designed for:

- Team leaders and managers in all industries and functions
- Team leads of cross-functional projects

#### Learning Journey



#### **Program Investment**

Program investment is \$2,675 per participant and includes the following:

- Virtual program launch and orientation to the online learning platform
- Two online units and two days of face-to-face workshops (classroom)
- Two, 30-minute, one-on-one coaching sessions
- All program materials including copyright and learning activities
- Breakfast, lunch, snacks and refreshments during workshop sessions
- Certificate of completion from the Haskayne School of Business

#### **Grant Funding**

By registering for this program, your organization could be eligible to receive the Canada Alberta Job Grant which will cover up to 2/3 of the program costs. The funding model for Building Effective Teams is an initial investment of \$2,675. The government will reimburse approximately \$1,783 of that investment, making the final investment approximately \$892. An Executive Education team member will be able to assist with the grant application process. For more information: execed@haskayne.ucalgary.c

#### Faculty

Willow Brocke, BSW, M.Ed (Psych), RSW, is passionate about the powerful connection between compassion and capacity in people, teams and organizations. She has conducted award-winning research in the area of expanding organizational capacity and has taught and presented widely on use of effective engagement in organizations. Her work has been published and presented in Canada, England, USA, France, Germany, India and China. She loves engaging with learners and watching people discover the power they have to make amazing things happen. Her book, "Let's Do This Thing - Wisdom for leading real change with real people in your organization" is available internationally.



# Building and Leading Effective Teams

### Program Schedule: January - March, 2020\*

DATE	LEARNING ACTIVITIES	FORMAT	COMMITMENT
Week of 16 Dec	Access to, and orientation of online learning platform	Online	1 hour
7 Jan	Program Launch: Welcome webinar	Live webinar	45 minutes
Week of 7 Jan	<b>Unit One</b> : Team fundamentals; Pre-session materials and reflective questions for Workshop One	Guided online unit	3 hours
4 Feb	Workshop One: To "Team" is to be Human. The human DNA of great teamwork, gathering and building energy for the work, guiding team development, understanding and working with status, power and influence	Classroom	7 hours
Week of 20 Jan	<b>Unit Two</b> : Practice and integration exercise; Pre-session material for Workshop Two with reflection questions	Guided online unit	3 hours
18 Feb	Coaching Clinic One	In-person or virtual	30 minutes
3 March	<b>Workshop Two</b> : A toolkit for teamwork trouble; Learning and applying tools for teams struggling in the areas of trust, conflict, commitment, accountability or results		7 hours
4 March to 16 March	Practice and integration; Coaching Clinic Two preparation	Online, self-directed	2 hours
17 March	Coaching Clinic Two	In-person or virtual	30 minutes
April-May	Continued integration and practice	Self-directed	

\*Schedule subject to change.

### REGISTER NOW: haskayneexeced.ca

Call 403.220.6600 for group registrations.

For more information on Executive Education at Haskayne School of Business

**T:** 403.220.6600

**E:** execed@haskayne.ucalgary.ca

#### **Haskayne Executive Education**

University of Calgary Downtown Campus 6th Floor, 906 – 8th Avenue SW Calgary, AB T2P 1H9

