

HASKAYNE Executive EDUCATION

Emotionally Intelligent Leader

Designed to integrate everyday workplace situations, the aim of this online program is to develop your emotional intelligence (EI) strategies over a period of time. As you learn both foundational and advanced EI concepts and frameworks, you will intentionally focus on practicing tools within your work environment. Practically applying your new knowledge will build positive habits and skills to increase your effectiveness in leading yourself and your team.

During the self-directed modules, you will identify and analyze real challenges and begin to build your development plan. These sessions provide the foundation for the more advanced materials that you will explore in the live, interactive online sessions. This learning experience is facilitated by Fred Jacques, PhD, a sought-after coach and EI practitioner with over 30 years of experience in both profit and not-for-profit sectors.



Learn and practice EI concepts, frameworks and tools to develop your emotional leadership practices.

Program Delivery: Online
Commitment: 10 hours
Investment: \$1,150

*Program runs September - November 2020.
See last page for full program schedule.*

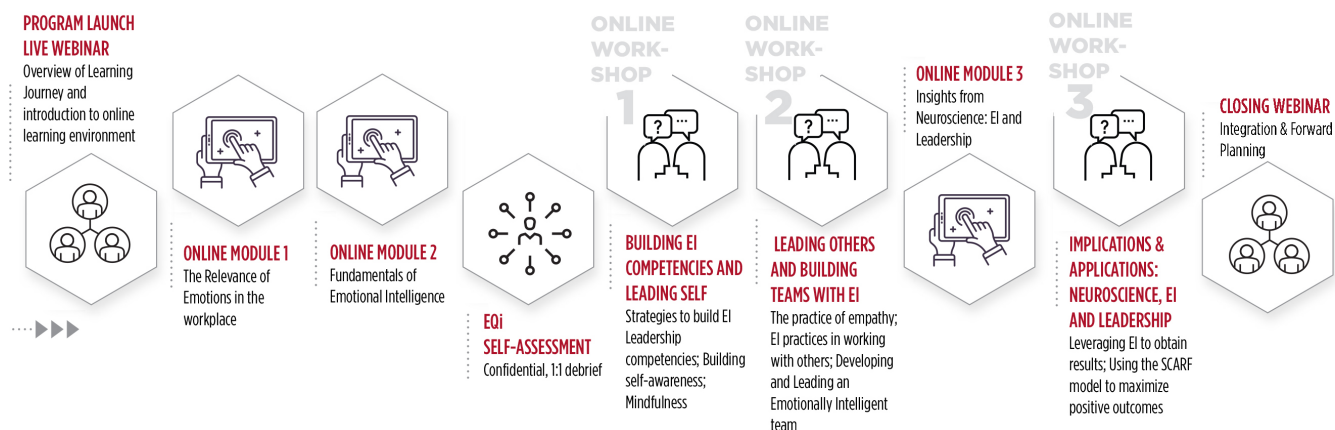
Learning Goals

You will be able to answer the following learning questions upon completion of the program:

- What are the key components of emotional intelligence?
- How does emotional intelligence impact the workplace?
- How do I identify and regulate the emotional sub-text of my workplace interactions?
- How do I effectively manage how both my thoughts (rational) and feelings (affective) impact my decision-making?
- What steps can I take to enhance my self-awareness?
- How can I develop greater empathy in my interactions with others?
- How can I build an emotionally intelligent team?
- What tools and exercises can I use to improve my emotional intelligence strategies and positively leverage my emotions?
- What is my personal plan for emotional intelligence development and practice?

LEARNING JOURNEY

A fully online program comprised of both real-time and self-directed learning, covering both foundational and advanced EI concepts and frameworks.



Program Investment

Program investment is \$1,150 per participant. Your investment includes the following:

- Program launch and orientation
- Three self-directed online units; three live, facilitated online sessions; all materials and copyrights; access to virtual learning platform; emotional intelligence online diagnostic assessment; 30-minute debrief with professional coach; and program launch and follow-up webinars
- Certificate of completion from the Haskayne School of Business

“*Fred Jacques, the program faculty, is a great facilitator and has amazing street credibility. He is not just here to teach EI - he has developed it. He is a thought leader.*”

Glenn Brillinger

Vice President of Sales – Canada – Core-Mark International Inc.

“*My new found attention to mindfulness makes me feel confident in my decision making because I am now aware of my emotions and their impact. I now have tools and a concrete plan on how to move forward as a more successful team leader.*”

Ryan Ropcean

Safety and Lean Manager, Aquatera Utilities Inc.

“*I will use the concepts and tools learned in this program for both professional and personal growth. The program encourages the sharing of personal experiences and stories which I have found to be a very valuable learning experience I can draw from to be a more mindful, compassionate leader and person who is capable of engaging and motivating others.*”

Shabeena Habib

Human Services Vice President, Goodwill Industries of Alberta

“*Good forum to discuss this important element of business that is often forgotten. Great tools for being mindful and empathetic. This program helped us to build stronger relationships at work, and I now see increased productivity and morale.*”

Chris Birch

General Manager, Canadian Tire Corporation

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Program Schedule: September - November 2020*

DATES	LEARNING ACTIVITIES	FORMAT	COMMITMENT
Sep 30	Program launch live webinar	Webinar	45 minutes
Sep 30 - Oct 6	Module 1: Relevance of Emotions in the Workplace	Self-directed	1 hour
Oct 7 - 13	Module 2: Fundamentals of Emotional Intelligence	Self-directed	1 hour
Oct 7 - 13	Complete EQI assessment	Self-directed	30 minutes
Oct 14	Live session 1: Building EI Competencies, Leading Self	Online workshop	1.5 hours
Oct 16	Assessment debrief (individual sessions)	Coaching	30 minutes
Oct 21	Live session 2: Fundamentals of Emotional Intelligence	Online workshop	1.5 hours
Oct 21 - 27	Module 3: Insights from Neuroscience: EI and Leadership	Self-directed	1 hour
Oct 28	Live session 3: Neuroscience, EI and Leadership	Online workshop	1.5 hours
Nov 18	Closing webinar	Webinar	45 minutes

* Schedule subject to change

Faculty Lead

Fred Jacques PhD, Adjunct Professor, Haskayne School of Business

Fred is a leadership educator and consultant with over 30 years of experience in both the public and the private sectors. He has designed and delivered leadership development programs that incorporate best practices in seminar-style instruction, experiential exercises, 360-degree feedback and individualized coaching.

Fred is a sought-after facilitator and coach and is known for his attention to client needs and his sense of humour. Fred has a Ph.D. in Organizational Behavior from the Haskayne School of Business and an M.A. in Applied Behavioural Sciences from the Leadership Institute of Seattle at City University. He is a Certified Human Resources Professional and is accredited in the use of the Myers Briggs Type Indicator (MBTI), the EQI-2.0 and numerous other assessment tools.

REGISTER NOW:
haskayneexeced.ca

Call 403.220.6600 for group registrations.

For more information on Executive Education
at Haskayne School of Business

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