Important Contacts for BComm Students

In any life-threatening and/or urgent situation, call 911 & if on campus, call Campus Security at 403-220-5333.

For all BComm students, if you need help with a medical or other emergency, mental health supports, and/or other supports, important contacts are:

- **Campus Security**, 403-220-5333, 24/7 (includes Safewalk)
  2nd floor MacEwan Student Centre (Mac Hall, west end)
  - See [website](#) for more tools and resources.

- **Student Wellness Services**, 403-210-9355
  3rd floor MacEwan Student Centre (Mac Hall, west end)
  - Includes medical, counselling, peer support, and coordinated care.
  - For after-hours support, see their [website](#).

- **Distress Centre**, 403-266-4357, 24/7
  - Text and online chat also available.

- **Suicide Crisis Hotline**, 988, or **Talk Suicide Canada**, 1-833-456-4566, 24/7
  - Text 45645 (2pm-10pm).

Additionally for Indigenous students:

- **Hope for Wellness Helpline**, 1-855-242-3310, 24/7
  - Online chat available.

Additionally for Co-op students, if while on a work term you are experiencing any distressing, life-threatening, and/or other urgent situation at your place of employment:

- **Call 911 if urgent and/or life-threatening. If you are employed on campus, call Campus Security at 403-220-5333.**
  - If your workplace is unsafe (physically and/or psychologically), do not return to your place of employment – email coop@haskayne.ucalgary.ca and we will assist ASAP during regular business hours.

Additionally for BComm students abroad on a University of Calgary approved exchange or group study program, international co-op work term, or other university business:

- **In life-threatening and/or urgent situations, dial local police or emergency services.**

- **International SOS**, 1-215-354-5000 (call collect), 24/7
  sos@international.gc.ca
  UCalgary membership number: 27AYCA093142
  Or access through the app (iPhone / Android)

- **UCalgary Risk Management**, riskmgmt@ucalgary.ca
  - See [website](#) for more emergency contacts and information.

- **Global Affairs Canada**, 1-613-996-8885 (call collect), 24/7
  Text 613-209-1233 (carrier charges may apply)

- **Email** undergrad.exchange@haskayne.ucalgary.ca, and we will assist during regular business hours.