

# New to online learning?

These resources can help you get started.



## Getting started with online learning

Check out resources on:

- Reviewing technology tools for online learning at UCalgary
- Structuring self-directed learning
- Organizing and managing your time



## Strategies for learning online

See these resources for tips on:

- Reading, note-taking and discussion boards
- Participating in online lectures
- Completing online groupwork



## Staying motivated

Sustain your motivation with tips on:

- Building good habits and self-discipline
- Managing procrastination
- Taking care of yourself



## Completing online assessments

Find out what to expect from online assessments with information on:

- Using different types of online assessments
- Reviewing technology considerations for online exams
- Maintaining academic integrity

# Would you like more support?

## Connect with us.

The Student Success Centre has advisors ready to assist you whether you're an undergraduate, open studies or a graduate student. From researching scholarship opportunities, to improving your academic performance, or exploring majors, the SSC has programming tailored for your specific needs.

### Advising Support

Our advisors can help you to clarify your academic aspirations and align them with your long-term goals through one-on-one virtual appointments.

[LEARN MORE ABOUT ADVISING SUPPORT](#)

[Book an appointment](#)



### Learning Support

Learning support programs provide you with tools to improve your academic performance. Book a virtual appointment with an academic development specialist to discuss personalized academic planning and learning support to help you achieve your academic goals.

[FIND OUT MORE ABOUT LEARNING SUPPORT](#)

[Book an appointment](#)



### Writing Support

Writing support programs help you improve your writing through online workshops and individual virtual consultations.

[FIND OUT MORE ABOUT WRITING SUPPORT](#)

[Book an appointment](#)



### Workshops and Events

The Student Success Centre also runs many workshops and events on a range of topics including study strategies, awards and scholarships, academic integrity, academic writing and much more. Go to our **events calendar** to find out what is coming up.



### PASS Program

Improve your comprehension and academic performance by attending free, organized study groups for PASS-designated courses. PASS Leaders can help you with course content through directed group discussion in a course-specific context

[FIND OUT MORE](#)

